

UMASS MEMORIAL HEALTH BENEFITS

WE TAKE CARE OF YOU.

At UMass Memorial Health, every employee is considered a caregiver — because every day, in their own unique way, everyone contributes to the care we provide. And nothing is more important to us than taking care of those who care for our patients and their experience. That's why we ensure the benefits we offer are so competitive.

A focus on the health and wellness of your whole life.

We understand that working in the health care field is demanding — and that a healthy work-life balance is critical to how well you're able to provide time, attention and passion to your job and our patients. Our comprehensive suite of benefits, compensation, development and recognition programs is designed to ensure that balance is always healthy.

For a list of our benefits, see the other side >



BENEFITS DESIGNED FOR A FULL, WELL-BALANCED LIFE.

The full range of our benefits includes everything from present-day health and wellness programs to retirement plans that support you and your family far into the future. It's a lot to take in — and take advantage of. That's why our Human Resources team is always here to help you navigate these benefits.

MEDICAL PLAN OPTIONS

- HMO (for certain employee groups)
- PPO (in network/out of network) (for certain employee groups)
- EPO (for certain employee groups)
- Fitness and weight-loss benefits, including cash reimbursements
- Urgent care affiliations
- On-site Prescription Center Pharmacies
- Dental plan
- Vision plan
- Flexible Spending Account

HEALTH & WELLNESS BENEFITS

- myHealth Matters total well-being program
- Livongo for Diabetes
- Gym membership discounts
- Employee assistance program
- Personalized support for mental and emotional health
- Personal help managing complex conditions and long-term care
- Center for Mindfulness

FINANCIAL HEALTH

- Competitive compensation
- 401(k) plan with employer match (Medical Center, Medical Group and Corporate nonphysician caregivers)
- 403(b) plan
- Pension plans (Medical Center, Medical Group and Corporate nonphysician caregivers)
- Legal assistance
- Disability insurance
- Identity theft protection

WORK-LIFE BALANCE

- Generous paid time off and holidays
- Tuition assistance
- Professional and leadership development
- Child care and family support services

SUPPORTIVE CULTURE

- Innovation celebrations
- Recognition programs
- Employee service recognition events
- Diversity, equity, inclusion and belonging initiatives
- National Hospital Week and National Nurses Week celebrations
- Retail and entertainment discounts